

LOCATION: KC Metro

Certified Nursing Assistant Mental Health Care Program

Program Description: The Certified Nursing Assistant Mental Health Care Program is for those interested in earning certification in Missouri as a Certified Nursing Assistant (CNA). This course will prepare the eldercare specialist for work in a Long Term Care facility, in homecare, or other elder living environments involved in the care of individuals with mental health challenges. The program broadens the traditional role of CNAs to include this additional specialty area.

Program Details: The overall program has three integrated components:

- CoreBuilders© Workplace Success Skills in Active Learning, Self-Leadership, Integrity, Teamwork, Communications, Human Behavior, Goals, Problem Solving and Career Management.
- Certified Nursing Assistant
 - Classroom training, clinical experience, Basic Life Support (CPR/AED)
- Mental Health Care Specialty
 - Person-centered care & Modeling behavior, Stop-redirect-reinforce
 - Assessment and positive consequences, Principles of behavior management
 - Safety and emergency issues, Bi-polar and depression awareness
 - How to help patients with homicidal or suicidal thoughts or history
 - Normalizing, but not providing therapy

Students will participate in a holistic learning program that strengthens their ability to apply the related knowledge, skills, and abilities required to successfully perform at a high level in life and on-the-job. In addition to Industry and Technical Competencies, the curriculum effectively addresses the Personal Effectiveness, Academic and Workplace Competencies (Tiers 1-3) of the DOL-ETA Competency Model Pyramid.

Program Prerequisites: 18 years of age or older, not listed on the Missouri Employee Disqualification List. HS diploma or equivalent. Not convicted of specified felonies or misdemeanors. Have a negative TB test.

Contact Hours (including out of class work): 280

Expected Award: State of Missouri CNA Certification | UCM Certificate of Completion | American Heart Association Basic Life Support Certification

Tuition: \$3,295 (includes, books, fees and exam costs if applicable)

Delivery Format: Instructor-led | Clinicals

Additional Fees: Required Equipment and Supplies not provided by the University as a part of the program tuition include the following: Scrubs (any style or color except camouflage), Shoes (clean white sneakers with good support), and watch with a second hand.

The following supplies may be considered optional but are highly recommended and greatly help with practical experience, exam preparation and employment: Stethoscope, Blood Pressure Cuff.

For more information, visit ucmo.edu/workforce
or contact us at extstudies@ucmo.edu